

Tenerife
Tennis Academy



SUMMER CAMP

PERFORMANCE

www.tenerifetennisacademy.com

**WITH FULL
BOARD !!!**



TRAIN LIKE A PRO THIS SUMMER

During 10 weeks over the summer, TTA will be hosting our summer intensive tennis camp where you can train like a Pro to raise your game to the next level. TTA has a proven track record of producing international level tennis players, and this is your chance to join and train alongside them

What is the intensive summer camp?

The camp is designed to follow the training methods of the top international level tennis players. Double daily training sessions with the ideal balance of tennis and fitness, technical and tactical training, including plenty of competition.

You will learn the habits of Pro tennis players as you live and train like one. Learning the importance of a performance lifestyle, nutrition, recovery, as well as having fun and meeting some new friends along the way.

Dates:

Week	Check in		Check out
Week 26	25-06-23	-	01-07-23
Week 27	02-07-23	-	08-07-23
Week 28	09-07-23	-	15-07-23
Week 29	16-07-23	-	22-07-23
Week 30	23-07-23	-	29-07-23
Week 31	30-07-23	-	05-08-23
Week 32	06-08-23	-	12-08-23
Week 33	13-08-23	-	19-08-23
Week 34	20-08-23	-	26-08-23
Week 35	27-08-23	-	02-09-23



ABOUT US

Tenerife Tennis Academy is a full time international tennis academy in Tenerife, Spain, providing fully integrated tennis and study programs, in addition to providing year-round training camps.

Based in the south of Tenerife (Canary Islands), TTA has the best geographical location in Europe for outdoor training in the sun 365 days per year. We pride ourselves on providing a personal best atmosphere. Our team of professionals set the standard for delivering the very best tennis experience for our players.

How to Get Here



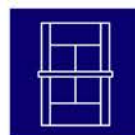
Fly

15 minutes from Tenerife South Airport
1 hour from Tenerife North Airport



Airport Transfer

We will pick you up from the airport in our team van on arrival



World Class Training Location

Tenerife Top Training
La Caleta, Adeje - Green Set Hard Courts

Why Tenerife Tennis Academy?

Our vision is to bring like-minded kids together that have a common goal in mind to reach professional level of tennis or to gain a tennis scholarship in the USA.

The summer is a chance for your child to join up with our elite academy players and enjoy what they love most, being on the court, in one of the most spectacular locations in Europe.

The summer here is cooler than in mainland Europe due to us being situated on an island in the Atlantic ocean. We enjoy a fresh summer breeze from the coastline, which is appreciated by our players on a hot summer's day.

Tenerife In the Summer

While most of Europe is scorching in the 40° heat, Tenerife although hot, remains milder in the mid 30's. The perfect climate to spend the summer training including visiting the beach, and swim in the Atlantic Ocean, whilst enjoying the multitude of experiences the island has to offer, including the world's best water park Siam Park (voted by TripAdvisor for the past 7 years running) Tenerife is truly an all year round paradise destination.





Tenerife
Tennis Academy

Tenerife Top Training, La Caleta

FACILITIES

World Class Facilities

- 7 Tennis Courts
- x2 Fully equipped Gyms
- 400m Running Track
- Basketball and Football
- 50m and 25m Swimming Pool
- American Assault Course
- Padel Tennis
- Rehab (Ice Bath, Jacuzzi, Sauna)
- Physio Room
- Cafeteria and Kiosk
- 10 min Walk to the beach

La Caleta

La Caleta is one of the most popular and sought-after destinations in the south of Tenerife, offering a pretty little beach, a multitude of bars and restaurants along the boardwalk, and T3 world-class training facilities for your children to enjoy during the summer.

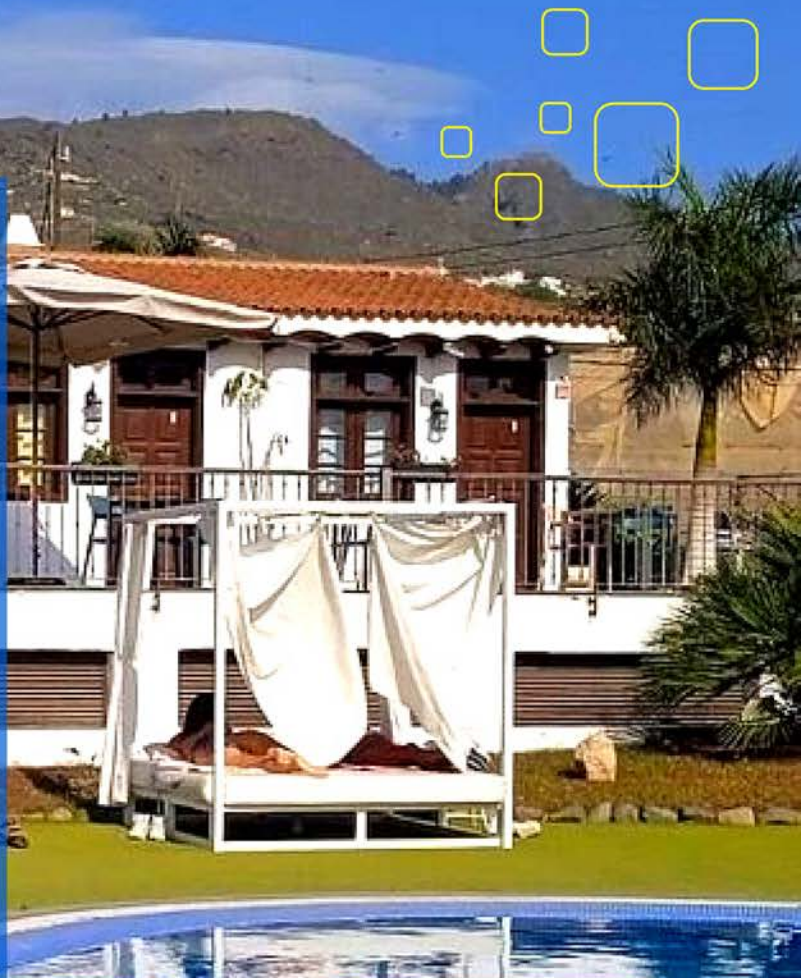


PLAYER RESIDENCE

The residence consists of 26 twin rooms, an eating hall to enjoy meals, an on-site barbeque, swimming pool and plenty of space for games and activities at the end of the day when training is over.

It is set in the peaceful surroundings of Armeñime, 10 minutes from our training ground in La Caleta.

The perfect place for fun and down-time with a responsible adult to every 6 children.



Full Board

- 6 nights full board
- 3 Meals and 2 snacks
- Accident Cover
- Safe environment
- Rural self contained

PARENTS ACCOMMODATION

If parents want to travel with children and enjoy a holiday in the south of Tenerife whilst your child is training, we work together with our partner hotel, a lovely 3* Hotel Jardin La Caleta in the stunning town of La Caleta, 10 minutes walk from the T3 training center in an ideal location to enjoy the best of what Tenerife has to offer. With the opportunity to catch a glimpse of your child's training during the week. Please ask for quote when registering your child.



Prices From

- Half Board 580€/wk
- Full Board 720€/wk
- All-Inclusive 1050€/wk

based on 2 adults sharing

DETAILS

WHATS INVOLVED:

- 17.5 hours Tennis Training
- 7.5 hours Physical conditioning
- Games and activities
- Use of facilities (supervised)
- Airport Transfer from Tenerife South (TFS)
- TTA Academy Tshirt and welcome pack

TIMETABLE:

8:00 Breakfast
9:00 Training (tennis and physical)
13:00 Lunch
14:00 Rest/down time/Pool free time
Option at this time for language
16:00 Training
19:00 Free time/ping pong/games
20:30 Dinner
22:00 Bedrooms
22:30 Lights Out

SUNDAY ARRIVAL DATE:

Airport pick ups to be arranged with academy coordinator

14:00 Lunch and check in
18:00 Academy Welcome meeting
18:30 Activity games. Player assessment
20:30 Dinner
22:00 Bedrooms
22:30 Lights Out



Staying more than one week..

The middle Saturday includes a matchplay event, plus an external trip to water park, beach, Karting.

Available but not included..

Laundry
Restringing
Health insurance
Saturday external activity
Physio Treatment
Language classes

Register now to guarantee your place



Tenerife Tennis Academy

TECHNICAL INFO

Morning training will comprise of 2 hours tennis and one hour physical. The morning sessions are intense, include a lot of ball striking, and is mixed between live drills, and basket drills. The Morning Physical is the main session of the day, an intense hour of speed, agility, strength, power, or resistance training depending on the day. The week is spread out to ensure that each day will have a purpose.

Monday: Volume drilling groundstrokes
Tuesday: Serve and Return and first ball
Wednesday: Point play, tactical awareness
Thursday: Transition and net play, volleys
Friday: Doubles training, and playing
Saturday: Beach Fitness and Matchplay

Afternoon sessions follow the theme of the morning but integrated more into the game situation. practicing point situations with other players of your level.

Afternoon fitness is recovery and prevention. Core strength, Balance, Mobility, Stretching.

Optional add ons:

Additional lessons can be taken during rest times throughout the week, or at weekends.

Individual Tennis Lesson:	50€
Individual Physical Lesson	40€
Individual Psychology Session	40€
Physio review/Treatment	75€
Language lessons	25€
Racket Restrings	15€
Individual Padel Lesson	35€
Other sports available upon request.		

Who is it for

Train like a Pro camp is for players aged 10+ and a minimum playing level of 3 UTR.

Full time boarding players under the age of 12 should have a parent or guardian on the island.

For younger players, or with lower level tennis, we have other camps available. Please request information for alternative options.

PRICE LIST 2023

Tennis and Boarding

1 week	€1,170	+IGIC
2 week	€2,250	+IGIC
3 week	€3,220	+IGIC
4 week	€4,100	+IGIC

IGIC is the Canarian VAT set at only 7%

Tennis Only

Per Week €520 +IGIC

Book Now



REGISTER NOW

☎ (+34) 680 222 891

🌐 www.tenerifetennisacademy.com/training-camps/

✉ Info@tenerifeta.com

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